

# St. Mary's & Our Lady of Lourdes

serving the Roman Catholic Communities of Fort Frances and Couchiching First Nation

## LENT

40 Days  
of  
Renewal

PRAY - FAST - GIVE ALMS

### Parish Office

209 Victoria Avenue, Fort Frances,  
Ontario P9A 2B8

Tel: 807 274-5233

Fax: 807 274-7966

Hours: Monday - Friday 9:00am - 3:00pm

Web: [www.stmarysfortfrances.com](http://www.stmarysfortfrances.com)

Email: [stmarys@tbaytel.net](mailto:stmarys@tbaytel.net)

### Pastoral Team

Reverend Gino Mathias, Pastor  
[stmaryspriest@gmail.com](mailto:stmaryspriest@gmail.com)

### Parish Staff

Mrs. Tina Roth, Administrative Secretary  
[stmarys@tbaytel.net](mailto:stmarys@tbaytel.net)

Mr. Gerald Cousineau, Custodian

### Join Us!

To become a parishioner, please  
complete a Parish Registration form  
at the entrance of the church.

(events celebrated at Our Lady of  
Lourdes Parish are denoted by OLOL)

### Mass Schedule

Saturday - 5:00 pm

Sunday - 9:00 am OLOL - 11:00 am

Tuesday - 6:00 pm

Wednesday - Saturday - 9:00 am

**(Rainycrest is closed)**

### Confessions

Tuesdays - 5:30 pm

Wednesdays - Saturdays - 8:30 am

Saturday 4:00 - 4:30 pm

Sunday 10:00 - 10:40 am

8:20 - 8:50 am OLOL

or by appointment

### Eucharist Adoration

Friday 9:30 - 10:30 am

### Baptisms

Please call 3 months in advance  
Baptism Preparation Class every 2nd  
Tuesday of the month at 6:30pm

### Children's Liturgy

During Sunday Masses  
September thru May

### Rosary

Weekdays following mass  
Sunday 8:40 am OLOL

### Anointing of the Sick

Please call to request a visit, or in an  
emergency ask hospital staff for  
"Roman Catholic Priest on call"

### Marriage

Please call 6 months in advance

### Becoming Catholic (RCIA)

Process begins in September,  
please call at any time

\*\*\*\*\*OUR MISSION\*\*\*\*\*



We are bonded together by a deep, personal faith in Jesus Christ,  
and called to the fullness of Christian life by virtue of  
Baptism and Confirmation and the perfection of love.



**MASSES FOR THE WEEK**

**Tuesday 8<sup>th</sup>**

**6pm** + Nora Paulenko – Margrit Schaum

**Wednesday 9<sup>th</sup>**

**9am** + Nora Paulenko – Gina & Greg Sigurdson

**Thursday 10<sup>th</sup> @ St. Mary's (Rainycrest closed)**

**9am** + Gene Saranchuk – The Family and for the Intentions of Father James – Don & Rachel Marquis

**Friday 11<sup>th</sup>**

**9am** + Deceased Loved Ones – The Bereavement Group

**Saturday 12<sup>th</sup>**

**9am** + Valeriano Lamonato – Diane Maxey

**5pm** + Doreen Bodnar – Lillian Bodnar & Family and + Bill Saranchuk – The Family

**Sunday 13<sup>th</sup> (9am @ Our Lady of Lourdes)**

**9am** Intentions of Nellie Domingues – The Rodrigues Family

**11am** + Nora Paulenko – Jeannie & Bob and + Jim Oster – Diane Senger, Brad & Lorna Oster & Family

**March 6, 2022**

**1<sup>st</sup> Sunday of Lent**

**1st reading:** (Deuteronomy 26.4-10)

**2nd reading:** (Romans 10.8-13)

**Gospel:** (Luke 4.1-13)

***Jesus was led by the Spirit into the wilderness: there He was tempted.***

**Ministry Schedule**

Mar. 5 – Kim (Lector), Monique (EMHC)

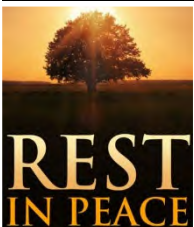
Mar. 6 – Micaela (Lector), Gina (EMHC)

Mar. 12 – Anna (Lector), Susan (EMHC)

Mar. 13 – Miranda (Lector), Bryan (EMHC)

**STATIONS OF THE CROSS** **6:00pm**

<b>March 4</b>	<b>CWL</b>
<b>March 11</b>	<b>Knights of Columbus</b>
<b>March 18</b>	<b>TBD</b>
<b>March 25</b>	<b>Bereavement Group</b>
<b>April 1</b>	<b>Assoc. of Ste. Marguerite</b>
<b>April 8</b>	<b>TBD</b>



Bishop John O'Mara died in St. Catharines on Wednesday, February 16, 2022, where he was retired. He was 97 years of age. Bishop O'Mara was the Bishop of Thunder Bay diocese from 1976-1994. Please remember him in your prayers.

**FROM THE PASTOR'S DESK**

**Lenten Practices: Fasting**

"So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes." Daniel 9:3

In the Bible, Moses fasted before he received the Ten Commandments. The Israelites fasted before a miraculous victory. Daniel fasted in order to receive guidance from God. Nehemiah fasted before beginning a major building project. Jesus fasted during His victory over temptation. The first Christians fasted during-decision making times.

Fasting is not so much about food as it is about focus. Fasting is not so much about saying no to the body as it is about saying yes to the Spirit. Fasting is not about doing without; it is about looking within. Fasting is an outward response to an inward attitude and cry of the Soul. Fasting is not a means of seeking God's blessings, as much as it is a means of seeking God.

Fasting is feasting on the Lord. Looking to him for comfort, power, strength, guidance, forgiveness, and hope. Your motive in fasting must be to glorify God, not to have an emotional experience, and not to attain personal happiness. When your motives are right, God will honor your seeking heart and bless your time with Him in a very special way.

May we all have a fruitful Lenten season.

In love and truth,  
Rev. Gino Mathias

**Lent 2022 Timeline**

**Important dates for this year's Lenten season.**

**First Sunday of Lent – March 6th**

**April 10** **Palm Sunday**

**April 14** **Maundy Thursday**

**April 15** **Good Friday**

**April 16** **Holy Saturday**

**April 17** **Easter Sunday**



Jesus shows  
his love for us  
Through people  
just like you!

The Synod Group would like to sincerely thank  
everyone who took the time to complete the  
questionnaires and participate in the discussions.  
We appreciate your input!



### "Together We Journey, Listen and Discern"

Anyone who would still like to contribute input may do  
so until the end of March. You may request a personal



interview by calling the parish  
office or by filling out the  
questionnaire (in full or in part) on  
line on the parish website or using  
one of the paper copies available at  
the back of the church.

This is the link and QR code.

<https://www.surveymonkey.com/r/synod2022>



CWL members are asked to attend the  
general meeting on Thursday, March 10 at  
6:30 in the church hall. The rosary will be  
prayed prior to the meeting for those who  
wish to participate. **Note:** This is an important meeting  
as the focus will be on the instructed voting as sent to  
us from the National Office. The motions are a result of  
the work done by the Strategic Planning Committee.  
Information will be forwarded by email and texting. If  
you don't receive either of these communiques and  
wish to see a copy before hand, you may pick up a copy  
at the church office. Do you want to see the name of  
our Patroness, Our Lady of Good Counsel changed? Do  
you want to see a significant raise in per capita fees?  
Do you want the standing committees to change? Our  
council needs to have a quorum to make our votes  
count, so please make an effort to attend. Thank you.

### ST. MARY'S

In your prayers, please  
remember those who are sick:

Shirley Fraser, Queenie Leschinski, Maurice  
DeGagné, Larry Mattson, Noella & Rick  
Hamilton, David Whalen, Isabella Keuler, Laura  
Dillon, Keagan Evans, Julie Halvorsen, Patrick  
McColeman, Bridger Hands, Mary Kolynchuk, Lori  
Woodgate, Ewan MacKintosh, Father Ben Hadrich,  
Lolly Brunetta, Pat Hudson, Kathleen DeGagné, Greg  
Gustafson, Brian Cawston, Casey Hendrikx, Linda  
Blanc, Nathan Galusha



Offertory Collection for St. Mary's  
Weekend Of  
Feb. 27 - \$1732.10



### OUR LADY OF LOURDES PARISH NEWS

In your prayers, please  
remember those who are sick:

Doug Cross, Curtis Jourdain, Mary Lou Parks, Shirley  
A. Bruyere, Sue Foran-Ross, Dale Krueger, Angela  
Bruyere, Steven "Beaver" Morrisseau, Janice Parks

Offertory Collection for Our Lady of Lourdes  
Weekend Of  
Feb. 27 - \$654.00

### Invitation to the "12<sup>th</sup> Annual DAY OF REFLECTION"

'Change and Growth' is this year's theme.

As God's people we need to take time  
periodically to look at the direction our life is  
taking. If our formerly vibrant faith is now  
on life-support, we will probably be ready  
to revive it.

Jesus, in His busy schedule, told His Disciples:

"Come away with me by yourselves to a quiet  
place to get some rest."

And "Blessed are those who hunger after life  
in all its fullness."

Saturday, March 19<sup>th</sup> at St. Mary's Parish Hall  
9am to 3pm

To register call Margrit Schaum @ 274-6149 or  
Tina @parish office @274-5233.

**ALL ARE WELCOME!**

"During this Lent,  
let us all ask the Lord:  
Make our hearts like yours."

-Pope Francis



<p><b>Nicole D.S. Miller</b> BARRISTER &amp; SOLICITOR</p> <p>Practicing Family Law, Criminal Law, Wills and Estates, Corporate Law, and Real Estate</p> <p>274-8525   nicole@millerlawoffice.ca</p>	<p>M.L. admin@mlcaronelectric.ca fax: (807)274-3996</p> <p><b>CARON ELECTRIC LIMITED</b> (807)274-7945</p> <p>Electrical Contractor  900 Fifth St. W. Fort Frances ON P9A 3C7</p> <p>www.mlcaronelectric.ca</p>	<p><b>NOR-WEST ANIMAL CLINIC</b> 411 McIrvine Avenue Fort Frances, ON P9A 3X7 807 274-7393 www.norwestanimalclinic.com</p>
 <p><b>We are blessed to serve you!</b></p> <p>(807)274-2727</p>	 <p><b>La PLACE RENDEZ-VOUS</b> 1201 Idylwild Drive Fort Frances, ON 807 274-9811</p>	 <p><b>SUNSET PROTECTION SYSTEMS</b></p> <p>Suppression Systems • Fire Extinguishers Fire Alarms • Cameras • Locks &amp; Doors Security Alarms • Access Control</p> <p><b>SALES SERVICE INSTALLATION</b></p> <p>P: (807) 270-5625 www.sunsetsystems.ca</p>
<p><b>Green Funeral Home</b> 600 Reid Avenue P.O. Box 427 Fort Frances, ON P9A 3M8 Tel: 807-274-3274 Fax: 807-274-3533 Toll Free: 1-800-465-2915 brad.carlson@dignitymemorial.com www.greenfuneralhomefortfrances.com</p> <p></p> <p><i>Proud to be a part of Service Corporation International (Canada)</i></p>	<p><b>Daryl's Custom Landscapes Ltd.</b></p>  <p>881 Sixth Street West Fort Frances, ON P9A 3W6</p> <p>Tel: 807 274-0458 Fax: 807 274-1449 Cell: 807 275-9563</p> <p>darylscustomlandscapes@shaw.ca</p>	 <p><b>KNIGHTS OF COLUMBUS</b> IN SERVICE TO ONE. IN SERVICE TO ALL.</p> <p>Regular Meeting: 2nd Tuesday of the Month 6:30pm at St. Mary's</p>
 <p><b>The Catholic Women's League of Canada</b></p> <p>Answer the call to service and enjoy the sisterhood of faith, fun, and fulfillment call Diane Revus @ 481-9787</p>	 <p><b>Westland Insurance</b> Home • Auto • Business westlandinsurance.ca</p> <p><b>1-800-465-7797</b> Formerly Gillons Insurance</p> <p>Proud Supporters of St. Mary's and Our Lady of Lourdes Churches</p>	
<p>Northwest Unit <b>Ontario English Catholic Teacher's Association (OECTA)</b></p>  <p><b>Nathan Cousineau</b> CO, BSc PRESIDENT</p> <p>400 Scott Street, Suite C Fort Frances, ON P9A 1H2</p> <p>807 276 7142 nwoceta@gmail.com</p>	<p><b>Northwest Road Management</b> A Division of Leon DeGagne Ltd.</p> <p><b>Dust Suppression, Culverts and Equipment Rental</b></p> <p>R.R. #2, Site 204-25 Fort Frances, ON P9A 3M3</p> <p>Tel: 807 274-9112 Fax: 807 274-0319 info@leondegagne.com</p>	<p><b>NOR-FAB SYSTEM BUILT HOMES</b></p> <p>offers high-end quality built homes at affordable prices</p> <p>Choose from our designs or send us your ideas and we will design a dream home for you.</p> <p>www.nor-fabsystembuilthomes.com sales@nor-fab.com (800) 465-2918</p>
 <p><b>The Northwest Catholic District School Board</b> Fort Frances Board Office (807) 274-2931 Toll Free 1-888-311-2931 Dryden Board Office (807) 223-4663 Toll Free 1-877-235-4663</p> <p><b>St. Mary School, 755 Flinders Ave.</b> (807) 274-7756</p> <p>Jackie Robinson, Director of Education Cathy Piotrowski, Board Vice-Chair Don Marquis, Trustee David Sharp, Trustee Amanda Levesque, First Nations Trustee</p>	 <p><b>Cousineau Real Estate Ltd.</b> Let us help you move!</p>  <p>Use our trailer FREE of charge to help you move! www.cousineau realestate.com</p>	 <p>For all your equipment needs <b>Rob or Mike</b></p> <p>1530 King's Highway, Fort Frances, ON P9A 3W8 belluzconcrete@shaw.ca Tel: 807 274-9288 Fax: 807 274-4322</p>
 <p><b>SELECTIVE SERVICES</b> <b>AUTOMOTIVE GLASS &amp; UPHOLSTERY</b> FORT FRANCES, ON - 807-274-2828</p> <p><b>baker graphics</b></p> <ul style="list-style-type: none"> <li>• SIGNS</li> <li>• DECALS</li> <li>• BANNERS</li> <li>• DISPLAYS</li> <li>• APPAREL</li> <li>• 807-276-2653</li> </ul>	 <p>Simple... Clean... Pure... <b>H2O2GO</b> YOUR WATER FILTRATION SPECIALIST</p> <p>990 McIrvine Road Fort Frances, Ontario P9A 3W5 PHONE: 807-274-2760 FAX: 807-789-1624 CELL: 807-275-5579</p> <p>Owned and Operated by Richard and Cathy Piotrowski</p>	 <p>(807) 274-0302 www.windowdoor.net</p> <p>windows - exterior doors garden doors - patio doors window &amp; door hardware vinyl window designs</p> <p>Supply &amp; Install</p>
<p><b>SIGHT &amp; SOUND</b> www.sight-sound.ca 807•274•6671</p> 	 <p><b>OUR LADY OF LOURDES</b> Catholic Women's League of Canada</p> <p>always welcoming new members call Carla Harris @ 274-5633</p>	 <ul style="list-style-type: none"> <li>• Home Renovations</li> <li>• New Construction</li> <li>• Lake Work</li> </ul> <p>Windows ~ Doors ~ Decks Docks ~ Drywall ~ Kitchens ~ Baths and more! Call Randy 807-276-0263</p>