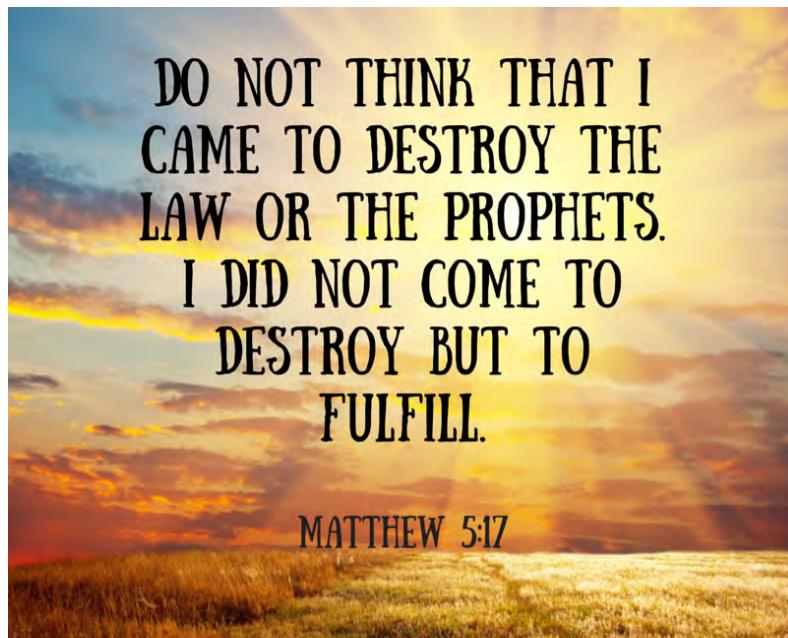


# St. Mary's & Our Lady of Lourdes

Serving the Roman Catholic Communities of Fort Frances and Couchiching First Nation



## Parish Office

209 Victoria Avenue, Fort Frances,  
Ontario P9A 2B8  
Tel: 807 274-5233  
Fax: 807 274-7966  
Hours: Monday - Friday 9:00am-3:00pm  
Web: [www.stmarysfortfrances.com](http://www.stmarysfortfrances.com)  
Email: [stmarys@tbaytel.net](mailto:stmarys@tbaytel.net)

## Pastoral Team

Rev. Fr. Kevin Ezeobi, SMMM, Pastor

## Parish Staff

Mrs. Tina Roth, Administrative Secretary  
[stmarys@tbaytel.net](mailto:stmarys@tbaytel.net)  
Mr. Gerald Cousineau, Custodian

## Join Us!

To become a parishioner, please complete a Parish Registration form at the entrance of the church.



## Mass Schedule

Saturday - 5:00pm, Sunday - 11:00am  
Tuesday - 6:20pm, Wednesday - 9:20am  
Friday - 10:00am  
Thursday - 10:00am @ Rainycrest

## Our Lady of Lourdes Parish

Sunday - 9:00am

## Eucharistic Adoration

Friday 9:00 - 10:00am

## Confessions

Wednesday - Friday - 9:00am  
Saturday - 3:30 - 4:30pm  
8:30 - 8:50am @ OLOL  
or by appointment

(Events celebrated at Our Lady of Lourdes Parish are denoted by OLOL)

## Baptisms

Please call 3 months in advance  
Baptism Preparation Class every 2nd  
Tuesday of the month at 6:30pm

## Children's Liturgy

During Sunday masses  
September thru May

## Rosary

Weekdays before mass  
Sunday 8:40am OLOL

## Anointing of the Sick

Please call to request a visit, or in an  
emergency ask hospital staff for  
"Roman Catholic Priest on call"

## Marriage

Please call 6 months in advance

## Becoming Catholic (RCIA)

Process begins in September,  
please call at any time

## \*\*\*\*\*OUR MISSION\*\*\*\*\*

Our Mission is to glorify God by fostering a belonging church  
where all are loved and led into an authentic, life-changing  
relationship with Jesus Christ.



Don't think that I came to destroy the law or the prophets. I didn't come to destroy, but to fulfill.

## February 15, 2026

### 6<sup>th</sup> SUNDAY IN ORDINARY TIME

#### MASSES FOR THE NEXT WEEK

**Tuesday 17<sup>th</sup>**

**9:20am** + Eva Collett - Sandra & Bob Wepruk

**Wednesday 18<sup>th</sup> ASH WEDNESDAY**

**9:00am Mass @ St. Mary School**

**6:30pm Mass @ St. Mary's Church**

**Thursday 19<sup>th</sup> @ Rainycrest**

**10:00am** + Lawrence Desserre - Marg Rousseau

**Friday 20<sup>th</sup> Rosary & Adoration @ 9:00am then mass @**

**10:00am** + Eva Collett - Grace Huntley and  
+ Souls in Purgatory

**Saturday 21<sup>st</sup>**

**5:00pm** + Allan & + Dorleen Toffan - The Family

**Sunday 22<sup>nd</sup> (9am @ OLOL)**

**9:00am** + Doug Derendorf - The Sivonen Family

**11:00am** + Bob Mitchelson - Dan & Debbie Jean and  
+ Isla Caldbick - Kathy & Greg Mercure

#### Sixth Sunday in Ordinary Time

1st reading: (Sirach 15.15-20)

2nd reading: (1 Corinthians 2.6-10)

Gospel: (Matthew 5.17-37)

#### Ministry Schedule

Feb. 14 - Anna/Gilles (Lectors), Gina (EMHC)

Feb. 15 - Anne Z./Miranda (Lectors), Greg(EMHC)

Feb. 21 - Kim/Gilles (Lectors), TBD (EMHC)

Feb. 22 - Ingrid/Shelley (Lectors), TBD (EMHC)

#### What's going on?!

Feb. 16 - Family Day - Parish closed

Feb. 17 - Associates of Ste. Marguerite d'Youville  
- 1pm

Feb. 17 - Rosary @ 9am - Mass @ 9:20am

Feb. 17 - Shrove Tuesday Pancake Dinner - 4:30pm

Feb. 18 - ASH WEDNESDAY @St. Mary School-9am  
- @ St. Mary's Church - 6:30pm

Feb. 19 - First Holy Communion Meeting - 6pm

Feb. 20 - Lenten Fish Fry - 4:30pm  
- Stations of the Cross - 6:30pm

Join us every Friday during  
Lent at 6:30pm at  
St. Mary's Church.

Stations of the Cross

#### From the Pastor's Desk

Dear Brothers & Sisters in Christ,

Today is the Sixth Sunday in Ordinary Time, Year A and the last Sunday before the start of Lent.

Wednesday, February 18, 2026 is Ash Wednesday, the beginning of the Lenten Season. Lent as we know is a time of repentance, prayer and journeying with Christ for forty (40) days. The three (3) pillars of Lent are: Prayer, Almsgiving and Fasting.

As we receive the ashes on our forehead on that day, we will hear the injunction of Christ "Repent and believe the Gospel" or similar words. I encourage each and every one to make this Lenten Season a special one by following Christ more closely, reconciling ourselves with God and with one another, especially through the Sacrament of Reconciliation (Confession).

"Let us fix our attention on the Blood of Christ and recognize how precious it is to God the Father, since it was shed for our salvation and brought the grace of repentance to all the world." (Pope St. Clement I)

Our God is a God of second chances. We may have made mistakes in the past, He is not counting on the mistakes - He is looking at the efforts we are making to please Him. Let us embrace the opportunity this sacred time offers us to reconcile with God and fellow human beings.

As we begin the Holy Season, may the Lord help us with His grace.

Amen.

Father Kevin Ezeobi, SMMM

If you have any old palms, please drop them off at the Parish office and we will burn them to use at our Ash Wednesday Mass. There is a box outside the parish office.



SHROVE TUESDAY PANCAKE  
DINNER on FEBRUARY 17, 2026  
ST. MARY'S PARISH HALL  
DOORS OPEN AT 4:30pm  
(free will donations accepted)



Join us for a Soup & Bun fundraiser for Development &

Peace featuring wild rice & chicken soup on Saturday, February 28<sup>th</sup> after the 5pm mass.

Soup and Bun

# LENTEN FISH FRY

FRIDAYS during Lent, Feb. 20th – March 27th

PICK-UP STARTS AT 4:00pm,

DELIVERY 4:30pm

Deadline for orders is 3:00pm the Thursday before.

For more information contact

Barb @807-276-1226

PRE-SALE TICKETS AVAILABLE AT THE PARISH OFFICE

Starting Monday, Feb. 9<sup>th</sup>: \$25.00

(Price includes walleye and all the fixings!)

The rules are very distinct and include fasting on Ash Wednesday, Good Friday, and with abstinence from meat on all Fridays of Lent.

We want to help you with this!

St. Mary's Fish Fry dinners will once again be available on the 6 Fridays during Lent – Feb. 20, 27, March 6, 13, 20 & 27. Included with each dinner will be two muffins. We are looking for volunteers to donate 2 dozen muffins. We need baking for February 20<sup>th</sup> and the following Fridays. Please contact Evelyn Rawn at 807-276-8507 or Sandy McKinnon @ 807-274-5055/807-271-0450 (text or call) to donate or for more information. Thank you for your support. We are so fortunate to have such a generous and dedicated church community!



YOU ARE INVITED TO...

## A Study on the Mysteries of the Rosary

Open to All Women 18+

Monthly gatherings to nourish our faith  
with Scripture, prayer, and sisterhood.

### DATES:

Feb 24, Mar 24, Apr 28, May 26 & Jun 30

### LOCATION & TIME:

Meeting Room, St. Mary's  
Mass at 6pm, Group Study at 7pm

### COST:

\$10 for printed copy of study

To register, email [miranda\\_sigurdson@hotmail.com](mailto:miranda_sigurdson@hotmail.com)



Join the *On Track for Justice* campaign launch webinar To learn all about Development and Peace — Caritas Canada's new Share Lent campaign, *On Track for Justice*, join the launch webinar on **February 21 at 1:30 p.m. ET**.

We will learn about the work of our Brazilian partner, *Justiça nos Trilhos* (Justice on Rails), in the

company of Padre Dario Bossi, a Comboni missionary and Lenten solidarity visitor, and a member of a community along the Carajás railway that is affected by industrial agriculture. Interpretation will be provided in French, English and Portuguese.

### Lent | What Catholics Believe -

Join Fr. Scott Bailey, a priest in the Archdiocese of Denver, as he answers some of the Internet's most asked questions about Lent. What is Lent? Why is it 40 days long? Or even, what should I give up for Lent? Find out in this episode of What Catholics Believe. **Whole 40** - Sit down with Dr. Ben Akers and Dr. Elizabeth Klein to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith. **Heart of Prayer** - Heart of Prayer invites participants into an intimate and peaceful retreat with Bishop Andrew Cozzens. Set in the beautiful Chateau on the Augustine Institute Campus, Heart of Prayer reveals the beauty and transcendence of a prayer life, as Bishop Cozzens draws from Scripture and the saints to offer guidance that is practical and down-to-earth.



<http://watch.formed.org/this-week-on-formed>

### Please pray for .....

**ST. MARY'S** - Shirley Fraser, Noella Hamilton, David Whalen, Frank Strain, Ewan MacKintosh, Dave Egan, Kathleen DeGagné, Greg Gustafson, Linda Blanc, Lillian Bodnar, Sue Sivonen, Anna Busch, Lorraine Smith, Loretta Foran, Theresa Olson, Yves Aucoin, Betty Mueller, Joyce Gosselin, Isabella Keuler, Arlene Kolynchuk, Maria Langenfurth, Beatrice Lambert, Tate Foley, Leanne Crompton, Jerry Darvell, Mindy Wallace, Shirley Buttner, Susan Hunking, Amy LaFroy, Rita Moorhouse, Marco Grigio, Paul Noonan, Bernice Kempf, David Lovisa Sr., Frances Valera Bersamin, Scott McLeod



**OUR LADY OF LOURDES** - Curtis Jourdain, Mary Lou Parks, Dale Krueger, Roger Fillion, Laverne (Gabby) Caul, Marilyn Perreault, Heather Jeffers, Candace Tucker

*Offertory Collection for Weekend of Feb. 8, 2026:* St. Mary's - \$2916.95  
Our Lady of Lourdes - \$848.40

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Nathan Cousineau CD, BSc  
PRESIDENT

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[nwoecta@gmail.com](mailto:nwoecta@gmail.com)

807 276 7142

**The Northwest Catholic District School Board**



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