

St. Mary's & Our Lady of Lourdes

Serving the Roman Catholic Communities of Fort Frances and Couchiching First Nation



Parish Office

209 Victoria Avenue, Fort Frances,
Ontario P9A 2B8
Tel: 807 274-5233
Fax: 807 274-7966

Hours: Monday - Friday 9:00am-3:00pm
Web: www.stmarysfortfrances.com
Email: stmarys@tbaytel.net

Pastoral Team

Rev. Fr. Kevin Ezeobi, SMMM, Pastor

Parish Staff

Mrs. Tina Roth, Administrative Secretary
stmarys@tbaytel.net
Mr. Gerald Cousineau, Custodian

Join Us!

To become a parishioner, please
complete a Parish Registration form
at the entrance of the church.

Mass Schedule

Saturday - 5:00pm, Sunday - 11:00am
Tuesday - 6:20pm, Wednesday - 9:20am
Friday - 10:00am
Thursday - 10:00am @ Rainycrest

Our Lady of Lourdes Parish

Sunday - 9:00am

Eucharistic Adoration

Friday 9:00 - 10:00am

Confessions

Wednesday - Friday - 9:00am
Saturday - 3:30 - 4:30pm
8:30 - 8:50am @ OLOL
or by appointment

(Events celebrated at Our Lady of
Lourdes Parish are denoted by OLOL)

Baptisms

Please call 1 month in advance
Baptism Preparation Class every 2nd
Tuesday of the month at 6:30pm

Children's Liturgy

During Sunday masses
September thru May

Rosary

Weekdays before mass
Sunday 8:40am OLOL

Anointing of the Sick

Please call to request a visit, or in an
emergency ask hospital staff for
"Roman Catholic Priest on call"

Marriage

Please call 6 months in advance

Becoming Catholic (RCIA)

Process begins in September,
please call at any time

*******OUR MISSION*******

**Our Mission is to glorify God by fostering a belonging church
where all are loved and led into an authentic, life-changing
relationship with Jesus Christ.**





March 8, 2026 THIRD SUNDAY OF LENT

MASSES FOR THE NEXT WEEK

Tuesday 10th

6:20pm + Panta Leon Molijon – The Family

Wednesday 11th

9:20am + Jim Craig – The Family

Thursday 12th @ Raincrest

10:00am + Eva Collett – Renee Dumeny

Friday 13th Rosary & Adoration @ 9:00am then mass @

10:00am + Beloved Deceased – The Bereavement Group

Saturday 14th (There will be baptisms during this mass)

5:00pm The Intentions of Silvia Johnston – Jim & Sandra McKinnon

Sunday 15th (9am @ OLOL)

9:00am + Janice Parks – Roseann and The Intentions of All Parishioners

11:00am + Marilyn Allan – Tina Roth and + Rommel & + Perpetua Blasé – The Family

Third Sunday of Lent

1st reading: (Exodus 17.3-7)

2nd reading: (Romans 5.1-2, 5-8)

Gospel: (John 4.5-42)

Ministry Schedule

Mar. 7 – Anna/Gilles (Lectors), Lynn (EMHC)

Mar. 8 – Marie/Kayden (Lectors), Greg (EMHC)

Mar. 14 – Kim/Shelley (Lectors), TBD (EMHC)

Mar. 15 – Miranda/Dale (Lectors), TBD (EMHC)

What's going on?!

Mar. 8 – Men's Group Meeting – 2pm

Mar. 10 – Bereavement Group Meeting – 1pm

Mar. 11 – Catechism Class – after mass

Mar. 13 – Lenten Fish Fry – 4:30pm

– Stations of the Cross – 6:30pm

Mar. 14 – Altar Server Practice – after mass

Join us every Friday during
Lent at 6:30pm at
St. Mary's Church.



Stations of the Cross



FRIDAYS during Lent, Feb. 20th – March 27th

PICK-UP STARTS AT 4:00pm,

DELIVERY 4:30pm

Deadline for orders is 3:00pm the Thursday before.

For more information contact

Barb @807-276-1226

PRE-SALE TICKETS AVAILABLE AT THE PARISH OFFICE for \$25.00

(Price includes walleye and all the fixings!)

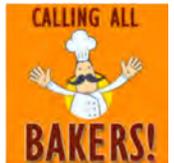
The rules are very distinct and include fasting on Ash Wednesday, Good Friday, and with abstinence from meat on all Fridays of Lent.

We want to help you with this!

St. Mary's Fish Fry dinners will once again be on Fridays during Lent.

We are looking for volunteers to donate 2 dozen muffins. We need baking for March 13th and the

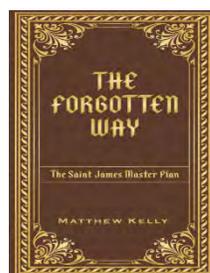
following Fridays. Please contact Evelyn Rawn at 807-276-8507 or Sandy McKinnon @ 807-274-5055/807-271-0450 (text or call) to donate or for more information. Thank you for your support. We are so fortunate to have such a generous and dedicated church community!



The next Men's Group meeting will be on **Sunday, March 8th at 2pm.** The

bible passages that Father would like to you reflect on

are: Matthew 3:11, 16-17, Acts 2.37, Acts 16:14f and Matthew 28:19. The topic will be the **Sacrament of Baptism.**



We welcome you to take a copy of this new Matthew Kelly book **"The Forgotten Way"**. We hope this book will help you on your Lenten Journey. Thanks to the generous parishioners who paid for these books for us to share!



WE NEED YOU
Inspire faith in our children.

Become a Children's Liturgy Leader!

Please contact the Parish Office if you are able to help out!



Women protecting the Earth
In Brazil, the lives of several rural communities are disrupted by industrial agriculture, mining and the Carajás railway. Women are at the heart of the fight to protect the land and the environment from the air, water and soil pollution that they cause. This pollution damages their kitchen gardens and

harms the health of their children, families and neighbours. Courageously, these women resist to continue to exist on their land. To assert and protect their rights, they formed a women's association called *Seeds of the Earth* with the support of **Justiça nos Trilhos** (JnT), a partner of Development and Peace — Caritas Canada.

Discover JnT's work in our [Mini-magazine](#) and learn more about the women by watching their testimonies at devp.org/lent.



How to Lent - Lent is right around the corner. In *How To Lent*, you will be guided by

priests and religious in the disciplines of prayer, fasting, and almsgiving so that you can make this your best Lent yet. **St. Frances & Liturgical Living** - Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic Lenten history of pretzels and beer, and watch Kendra and three-year-old Barbara make something they like to call "trash can soup." Find this episode's feature recipes and more about liturgical living in the home at Catholic All Year.

<https://catholicallyear.com/at-home/>.

The Passion of Christ in Light of the Holy Shroud

The Holy Shroud of Turin was called the greatest relic in Christendom by Pope St. John Paul II. Fr. Peffley presents new, detailed scientific and medical evidence for the authenticity of the Holy Shroud.

<http://watch.formed.org/this-week-on-formed>



The third Sunday of every month will be Food Box Sunday. Bring non-perishable food items for the needy.

Palm Sunday of the Passion of the Lord

Saturday, March 28, 5:00 pm SMC

Sunday, March 29, 9:00 am OLOL

Sunday, March 29, 11:00 am SMC

Holy Thursday - Mass of the Lord's Supper

Thursday, April 2, 7:00 pm SMC

On Holy Thursday, parishioners are encouraged to bring gifts for the poor, which will be presented with the bread & wine.

Good Friday Solemn Service

Friday, April 3, 3:00 pm SMC

Stations of the Cross

Friday, April 3, 7:00 pm OLOL

Solemn Easter Vigil

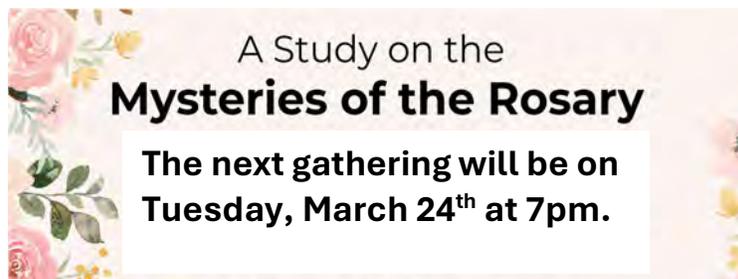
Saturday, April 4, 8:00 pm SMC

Parishioners are encouraged to bring bells to the Vigil to ring during the Gloria! We will also light candles.

Easter Sunday

Sunday, April 5, 9:00 am OLOL

Sunday, April 5, 11:00 am SMC



A Study on the **Mysteries of the Rosary**

The next gathering will be on **Tuesday, March 24th at 7pm.**

Please pray for.....



ST. MARY'S - Shirley Fraser, Noella Hamilton, David Whalen, Frank Strain, Ewan MacKintosh, Dave Egan, Kathleen DeGagné, Greg Gustafson, Linda Blanc, Lillian Bodnar, Sue Sivonen, Anna Busch, Lorraine Smith, Loretta Foran, Theresa Olson, Yves Aucoin, Betty Mueller, Joyce Gosselin, Isabella Keuler, Arlene Kolynchuk, Maria Langenfurth, Beatrice Lambert, Tate Foley, Leanne Crompton, Jerry Darvell, Mindy Wallace, Shirley Buttner, Susan Hunking, Amy LaFroy, Rita Moorhouse, Marco Grigio, Paul Noonan, Bernice Kempf, David Lovisa Sr., Frances Valera Bersamin, Scott McLeod, Rod Davis, Don Ricci, Frank Ball

OUR LADY OF LOURDES - Curtis Jourdain, Mary Lou Parks, Dale Krueger, Roger Fillion, Laverne (Gabby) Caul, Marilyn Perreault, Heather Jeffers, Candace Tucker

Offertory Collection for Weekend of

Mar. 1, 2026: St. Mary's - \$1854.05

Our Lady of Lourdes - \$776.40

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The Northwest Catholic District School Board



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Dryden Board Office
(807) 223-4663 Toll Free 1-877-235-4663
St. Mary School, 755 Flinders Ave.
(807) 274-7756

Jackie Robinson, Director of Education
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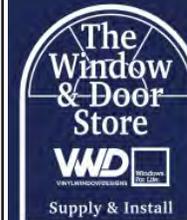


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